

Make your mantel a focal point. **\$148-\$298**



yes!

Your Essential Shopper™

Sunday, October 23, 2022

Loafers are this fall's must-have shoe. **\$625**



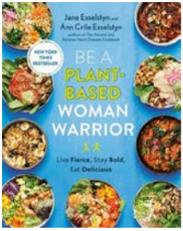
great finds 11 more terrific shopping discoveries on page 2

books

“Be A Plant-Based Woman Warrior: Live Fierce, Stay Bold, Eat Delicious” paperback

\$22.99 | Jane Esselstyn and Ann Crile Esselstyn | amazon.com

- Features 125 recipes.
- Made for women on the go.
- Written by a mother and daughter.



drinks

Autumn Blaze beer

\$10.99 | Captain Lawrence | Total Wine

- Pumpkin ale with 5.0 percent ABV.
- Contains pumpkin puree, cinnamon, nutmeg and allspice.
- Made in New York.



beauty

So Rich hydrating gel

\$24.99 | SeSpring | sespringskin.com

- Brightens and replenishes skin.
- Made with antioxidant rich fruit and vegetable extracts.
- Vegan.



fashion

Meltwater leggings

\$69.50 | AKHG | Duluth Trading Co.

- Soft and stretchy.
- Can be used as a base layer or mid layer.
- High waist with an internal drawstring.



Horse play

USA TODAY NETWORK

You'll be set to win with boots, blazers and other pieces that evoke the riding lifestyle.

Experiment with equestrian-inspired fashions

■ This oversized corduroy shirt is a fall staple that can double as a jacket. **\$71** at gap.com.



■ Add a pop of color with this bow-tied cotton Mille Gigi Top. **\$220** at anthropologie.com.



■ This drapery cup-blend shirt in stripe has darling ruffle trim detail. **\$138-\$148** at jcrew.com.



■ The classic Re-Wool 80s blazer is made with recycled fabrics. **\$228** at everlane.com.



■ Take a Ride brown vegan leather paperbag waist shorts have a sewn, cuffed hem detail and also come in black. **\$58** at lulus.com.



■ Shoulder pads add definition to the Need My Focus black thin-knit blazer. **\$44** at tobi.com.



■ High-waisted skinny pixie pants come in a variety of solids and prints and are made with a hint of spandex. **\$44.99** at oldnavy.com.



■ Franco Sarto's two-tone Meyer knee-high riding boots are super versatile. **\$250** at nordstrom.com.



■ A chic pair of buttery-soft leather gloves are the perfect fall accessory. **\$98** at anntaylor.com.



■ Pair these riding boots with jeans or a dress for instant style. **\$178** at loft.com.

Pumpkin power

USA TODAY NETWORK

Pumpkins are for more than eating and decorating. The vitamin-rich orange orbs are great for exfoliating and protecting skin from free radicals.

■ Apply Espa Overnight Glow enzyme peel overnight and wake with smoother skin. Pumpkin and pineapple enzymes deliver glycolic acid-like results. **\$94** at espaskincare.com.



■ Lotus Moon combines pumpkin and seabuckthorn oil to hydrate dry skin. It's ideal for the eye area. **\$46** at lotusmoonskincare.com.

■ MyChelle Dermaceuticals' creamy pumpkin cleanser also contains sea algae to clean, exfoliate and moisturize. **\$17.99** at mychelle.com.



■ Beloved's limited-edition Pumpkin & Tonka foaming hand lotion is paraben-free and infused with essential oils. **\$4.99** at Target.

■ Use NatureWell Natural Extract pumpkin oil moisturizing cream daily to tone and brighten. **\$14.39** at amazon.com.



■ The antioxidant-packed Pumpkin Latte hydration masque from Eminence Organics combats telltale signs of aging. **\$57** at eminenceorganics.com.



home

Edmee metallic throw pillow

\$54.59 | Safavieh | Kohl's

- Features distressed metallic detail.
- 20 inches x 20 inches.
- Zipper closure.



fashion

Orchard skirt

\$325 | M.M. LaFleur | mmlafleur.com

- Made with washable silk.
- Midi length.
- Available in several colors and prints.



kids

Baby's first burp cloths

\$44 | Crate & Barrel | crateandbarrel.com

- Made with organic jersey.
- Sold in a set of three.
- Available in four colors.



pets

Snack sticks grain-free dog treats

\$2.99 | Newman's Own | Chewy.com

- Features chicken as the first ingredient.
- Grain-free treat.
- Soft and easy to tear for training.



men

Classic fit twill pant

\$34.99 | Nautica | nautica.com

- Flat-front tailoring.
- Button-and-zip fly.
- Offers side-seam pockets.



food

Halloween variety pack

\$27.49 | YumEarth | yumearth.com

- Assortment of 50 pieces of candy.
- Free of nuts, milk, gluten and other allergens.
- No high-fructose corn syrup or artificial dyes.



home

Aster solid wood table

\$1,200 | All Modern | allmodern.com

- 45.5 inches wide.
- Features a curved side and pinstriped detailing.
- Drawer for storage.



fashion

Long-sleeve Everyday silk shirt

\$69-\$89 | Orvis | orvis.com

- Wrinkle-resistant.
- Available in six colors and prints.
- Made with sustainable materials.



home

Grant leather catchall

\$19.99-\$49.50 | Pottery Barn | potterybarn.com

- Comes in small and large sizes.
- Can be monogrammed for an additional \$15.
- Available in black and brown.



home

The Organic five-piece set

\$359 | Framebridge | framebridge.com

- Upload digital photos to add to frames.
- Shipped to your door with a life-size hanging guide.
- Choose from other frame colors.



gear

Vital Select desktop monitor

\$199.99 | SideTrak | sidetrak.com

- HD LED matte screen.
- Connects to any desktop, laptop and most gaming consoles.
- 23.8 inches.

yes!

YES! – Your Essential Shopper is produced by Studio Gannett in association with your local newspaper.

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Magnificent mantels



■ Astaire clocks blend traditional and art deco style. Available in two sizes. **\$39.20-\$63.20** at ballarddesigns.com.



■ These versatile decorative wood arches can be arranged as you please and are sold individually or as sets of two or four. **\$75-\$285** at West Elm.

Décor to frame your fireplace

USA TODAY NETWORK

Add texture and dimension to your mantel with the season's hottest accessories, from candles to sculptures and more.



■ Plum cimicifuga seeded garland provides 6 feet of silk leaves and plastic berries. **\$44** at afloral.com.



■ Inspired by nautical chains, Del Sur candleholders double as sculptures. Available in three sizes. **\$148-\$298** at serenaandlily.com.



■ Add favorite memories to your mantel with Eclectic bone frames. **\$129** for a set of three at Pottery Barn.



■ This shaped pillar candle is 3.25 inches in diameter and available in three colors. **\$11.04** at H&M.



■ Crafted from hand-cut glass, the Peony bud vase is small but stunning. **\$13.50** at arhaus.com.



■ Sold in a set of three, Chateau candlesticks are designed for use with battery-operated candles. **\$48.65-\$62.65** at grandinroad.com.

Real shoe-ins

USA TODAY NETWORK

Organize shoes of all shapes and styles in a closet, under a bed or wherever you have room.

Try these footwear storage solutions



■ This three-tier storage stand doubles as a table in an entryway or bedroom. **\$79.99** at containerstore.com.



■ Simply Essential's stackable shoe boxes have mesh fronts and fold when not in use. **\$20** for a set of four at Bed, Bath & Beyond.



■ The Bissa cabinet has three compartments with adjustable dividers. **\$69.99** at ikea.com.



■ Clear drop-front boxes make it easy to grab the right pair. **\$54.99-\$74.99** for six at containerstore.com.



■ Stash your footwear in style with this handsome 42-inch Mid Century shoe storage bench. **\$649** at westelm.com.



■ No tools are needed to install ClosetMaid's 36-inch ShelfTrack wall shelf. **\$19.98** per kit at lowes.com.



■ JL Home's nifty stack system doubles storage space. **\$8.90-\$9.10** for a four-pack at amazon.com.



■ This Basicwise bench has cubbies for shoes and boots. **\$190.73** at homedepot.com.

■ The Vista shoe shelf short tower features slanted shelves and comes in three widths. **\$279.99-\$359.99** at modularclosets.com.

Budget-friendly fun

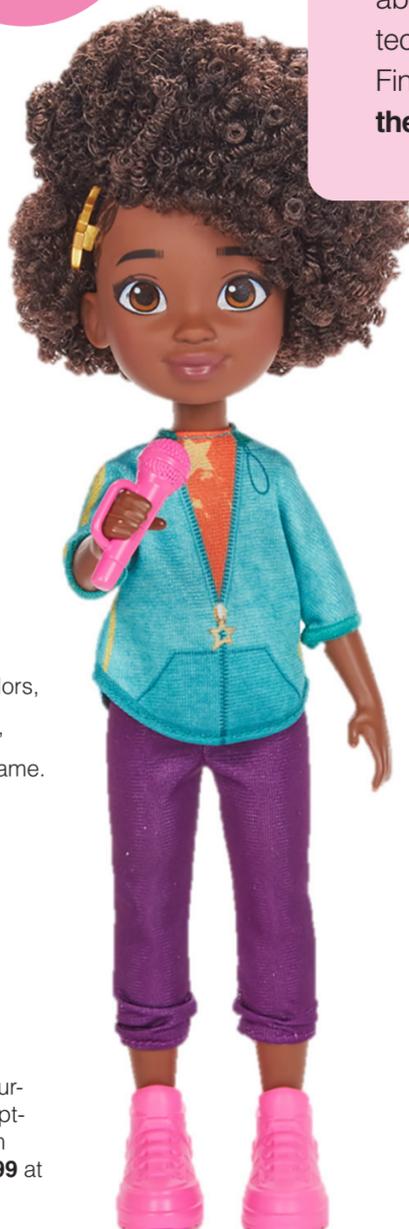
Toys and games for under \$20



The Toy Insider is the go-to source for information about children's toys, tech and entertainment. Find more of their picks at thetoyinsider.com.

TOY INSIDER

The holiday season is quickly approaching, but buying great gifts for the kids in your life doesn't have to break the bank. These toys and games all come at a low price point with big play value.



These colorful Bhattat sorting and stacking boxes feature numbers, letters and shapes. **\$16.95** at amazon.com.



Create no-mess pottery pieces using the Made By Me! sand dough sculpt-and-paint kit. **\$19.99** at amazon.com.



Preschoolers practice colors, shapes, patterns and more while playing Funko Games' CoComelon Pattern Party game. **\$15.99** at amazon.com.



Revisit a '90s classic by playing four movie-inspired card games with The Clueless Party Game. **\$14.99** at Target.



Jazwares' "Star Wars" Micro Galaxy Squadron Starfighter Class vehicles come with mini movie characters. **\$16.99** at amazon.com.



Open the Dogs vs. Squirrels Surprise Blind Bag to reveal a mystery plush character from the popular game. **\$9.99** at Claire's.



The Playfoam Naturals four-pack contains squishy, sculptable compounds made from eco-friendly materials. **\$16.99** at educationalinsights.com.



Unboxing is part of the fun with Misfitens, cat-shaped plush toys squeezed into tiny tubes. **\$9.97** at Walmart.



The Airstrip from STM Goods is a removable, resizable silicone band that allows you to strap an AirTag to unusually sized and shaped items. **\$24.95** for a pack of two at stmgoods.com.

Road warriors

Travel smart with tech accessories



Charge up to three devices simultaneously with Einova's slim Ultra Fast power bank. **\$69.99** at einova.com.



The Wake Up Light Sunrise alarm clock by Jall brightens from 10 percent to 100 percent in 30 minutes to wake you up naturally. **\$39.98** at amazon.com.



Element Case's Black Ops AirPods case is made with anodized aluminum and other protective materials and includes a latch lock and strap for added security. **\$49.95** at elementcase.com.



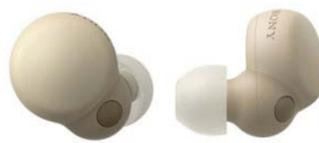
Samsung Galaxy SmartTag Bluetooth trackers attach to your valuables so you can trace their location with your smartphone. **\$96.05** for a four-pack at amazon.com.



The Wave Mini travel sound machine by Pure Enrichment is small enough to pack in a carry-on. **\$29.99** at pureenrichment.com.



The Ricoh WG-80 camera is designed for rugged conditions, with waterproof and shockproof capabilities and a large, outdoor-friendly wide-frame LCD monitor. **\$329.95** at us.ricoh-imaging.com.



Sony LinkBuds S switch between noise-canceling and natural ambient sound and have smart features that learn from your behavior to automatically adjust settings. **\$199.99** at sony.com.

USA TODAY NETWORK

Want to make your trip easier, safer and more comfortable? Be sure to pack these tech gadgets.



The Otterbox mobile charging kit comes in four colors, fits in your pocket and features a three-in-one cable to charge a plethora of devices. **\$34.95** at otterbox.com.



Perfect pair

Loafers are fall's must-have shoe

USA TODAY NETWORK

Loafers are having a moment. Try them with different heel heights, fresh accents and in unexpected colors.



■ The '90s-inspired Leah platform loafer by Coach shines in a mood-boosting tonal hue and gives wearers a lift with a 1 3/4-inch heel. **\$185** at Nordstrom.



■ This Heron style is inspired by shoes worn by Venetian gondoliers and feature a seven-layered footbed and anti-slip rubber sole. **\$110** at birdies.com.



■ Knit from single-use plastic bottles, The Driver shoes are breathable, lightweight and machine-washable. Plus, they're available in loads of solid colors and prints. **\$189** at rothys.com.



■ These women's Slide loafers are water-friendly, fast-drying, machine-washable and super stylish. **\$148** at us.swims.com.



■ Stand out in these Serpent black mules, which are hand-painted to order and consciously crafted with a zero-waste process. **\$295** at alepel.com.



■ Nicole Nera loafers feature a fashion-forward chain detail and heavenly soft nappa leather. **\$365** at scarosso.com.

■ Ms. Charlotte shoes are a go-with-everything wardrobe must-have. You'll love the detailed wingtip pattern and cozy cork midsole. **\$625** at theofficeofangelascott.com.

Say something

Graphic tops are conversation starters

USA TODAY NETWORK

Show your personal style with fun, expressive T-shirts and sweatshirts with graphic elements.



■ Show some sass with the Go Get Em Tiger 80s Retro tee. Its unisex cut is available in sizes ranging from XS to XL. **\$29** at everfitte.com.



■ Display your love for the City by the Bay with this All Yours San Francisco relaxed-fit pima cotton tee. **\$68** at lululemon.com.



■ Whether you channel Sporty, Posh or Scary, Daydreamer's Spice Up Your Life tee will add a kick to your day. **\$75** at revolve.com.



■ Maybe you like long walks in nature, maybe you want someone to get lost. Either way, this Hiro Clark shirt works. **\$98** at hiroclark.com.



■ Hungry for fun? Proclaim your delicious passions for the world to see. **\$25** at katiekimmel.com.



■ The World Wildlife Foundation's Panda hoodie looks good while doing good. Free with a **\$75** donation at worldwildlife.org.



■ This Mini Aloha crew sweater, designed and printed on Maui, is a must-have for any Hawaii lover. **\$149** at jaxsea.com.



■ Lauren Moshi's Trinity studded peace sweatshirt channels retro vibes with modern details. **\$175.95** at zappos.com.

Dinner tonight



SERVES 4

carrot-ginger soup

WHOLE FOODS MARKET

Heat oil in a medium saucepan over medium heat and sauté onion until tender, about 6 minutes, stirring occasionally.

Add ginger and garlic and stir until fragrant, about 60 seconds. Add carrots, potato, broth and salt. Bring to a boil.

Reduce to a simmer, cover and cook until vegetables are tender, about 25 minutes.

In batches, carefully purée in a blender. Add water to thin if desired. Stir in lemon juice. Divide among bowls, garnish with chives and serve.

INGREDIENTS

- 1 tablespoon avocado oil
- 1 medium yellow onion, chopped
- 2 tablespoons fresh ginger, grated
- 3 cloves garlic, finely chopped
- 1 pound carrots, peeled and coarsely chopped
- 1 medium sweet potato, peeled and cut into 1-inch chunks
- 4 cups low-sodium vegetable broth
- 2 teaspoons kosher salt
- 1 teaspoon lemon juice
- 1 tablespoon sliced fresh chives

Approximate values per serving: 130 calories, 0 g fat, 28 g carbohydrates, 3 g protein, 220 mg sodium

Wicked spirits

Halloween calls for a spooky cocktail

USA TODAY NETWORK

Try this easy recipe for A Spell on You — a delightfully purple crowd-pleaser featuring Absolut vodka — to scare up some festive holiday fun.



Ingredients:

1 ½ parts Absolut vodka
1 part Concord grape juice
2 parts hard sparkling cider
1 pinch purple luster dust

To mix: Combine ingredients over ice in a rocks glass. Garnish with a rice paper Black Cat lemon wheel.

Dairy-free delights

Plant-based milks offer tasty alternatives

USA TODAY NETWORK

There are loads of nondairy milks now on the market. Here are a few to consider.



■ Mooala banana milk is made with bananas and sunflower seeds, but no added sugar. **\$29.99** for a six-pack at mooala.com.



■ WhatIf Foods' BamNut Milk contains Bambara groundnut, a legume which has a flavor similar to peanuts. **\$5.49** at whatif-foods.com.



■ Planet Oat Oatmilk is fortified with vitamins A, D and B12 as well as calcium. It comes in original, extra creamy, vanilla and dark chocolate flavors. **\$3.99** at Kroger.



■ Silk offers a variety of plant-based milks, including extra-creamy almond milk. **\$3.49** at Target.



■ Willa's oat milk uses the entire oat for a protein- and prebiotic fiber-rich drink. Try creamy, original and dark chocolate flavors. **\$39.99-\$42.99** for a six-pack at willaskitchen.com.

■ Can't choose between oat and almond milk? Califa Farms' Oat + Almond Plantmilk Blend is the best of both worlds. **\$4.19** at Whole Foods.