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Vixen Lea

Woman, mom, teacher, writer, unicorn-lover, tree-hugger, magic-seeker, fox spirit, crier, human. Writing about life: my years of drinking and my awakening.



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Vixen Lea — Biography

On becoming a poet



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from the dark times during my years of alcohol abuse. I had been free from addiction for two years, and the words were screaming for release.

I have been writing furiously since then — autobiographical snippets, poetry, philosophical musings, and lately, [informative blog posts](#) about recovery in support of my new personal coaching business, [Soul's Truth Coaching, LLC](#).

I believe that parts of ourselves emerge throughout our lives like blooms on a flower. As one aspect browns and fades, another begins to open.

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Daughter

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Have we met before?
Before you rose
like a purple cherub
from my womb
Before you fluttered
your butterfly wings
in my stomach
Before the kiss