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Celebrating Sun and Rum in Barbados



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culinary capital of the Caribbean, the small, lush, sun-drenched island of Barbados is home to the finest cuisine and rum in the tropics. The Barbadian people love sharing their food, drink, and experiences. Travelers craving authentic tropical tastes and experiences.

discovered the island in 1627. Since then, rum has been an integral part of Barbadian society. Sugar production was at an all-time high and the rich, gooey molasses that was part of the production process was used to make the island's favorite spirit. Today, rum is so popular that there are thousands of rum shops throughout the island, and almost every small town and village has at least one.

offers free tours and tastings of the various libations,

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